



# MACQUARIE FIELDS HIGH SCHOOL

## A SELECTIVE & COMMUNITY HIGH SCHOOL

Dear Parents and Guardians,

This letter is to inform you about the school's annual Year 7 Camp, to be held at Broken Bay Sport and Recreation Camp during **Week 9 of Term 2**, from **Wednesday 22 June 2022 to Friday 24 June 2022**. Students will depart from Macquarie Fields High School at 7.30am on Wednesday, and students will return to school at 3.15pm on Friday. It is expected that all students will be present for a 7.15am roll call on Wednesday 22 June, to ensure that the departure time is maintained.

This camp is an integral part of the Year 7 Orientation Program at Macquarie Fields High School. It is designed to allow students the opportunity to interact with each other and form new friendships in a less formal setting. Students will engage in a variety of team building activities during the three days which may include abseiling, rock climbing and canoeing.

The outdoor education program at Broken Bay is run by the Department of Sport and Recreation. Staff are highly skilled and trained so that students will get the most out of the camp experience in a safe and secure environment. Students will face challenges that are approximately matched to their age and skill levels. Whilst everyone is encouraged to participate and attempt each activity, no student will be forced to take part if they don't feel comfortable.

The camp will also involve water activities which may include canoeing. As such, an additional Parental Consent to Participate in Aquatic Activities must be completed and returned with permission notes. For those students who don't meet the required swimming level, alternate arrangements will be made.

Teachers from Macquarie Fields High School will also attend the camp and will be actively engaged in the supervision of students.

Accommodation is in single sex dormitories and sleeping arrangements will be supervised by Macquarie Fields High School staff.

It is expected that all Year 7 students will attend this camp.

The price of the camp is **\$400.00**, which includes all bus travel, activities, food and accommodation. All completed forms must be submitted to the front office upon payment. Please be advised that no payments can be made without these forms. Unfortunately, there will be no refunds available after Term 2 Week 3 2022, the 9<sup>th</sup> of May.

To secure a position, a **\$100 deposit** will need to be paid to the front office by **Friday 6 May 2022**.

There are three forms that must be completed and sent with the payment: the School Permission Note; the Medical Consent Form and the Parental Consent to Participate in Aquatic Activities.

If you have any questions, please do not hesitate to contact **Rhiannon Hall** on **9605 3111**.

Ms Karyn O'Brien  
Principal

Ms Rhiannon Hall  
Coordinating Teacher



# PARENT CONSENT TO ATTEND AN EXCURSION

## MUST BE RETURNED TO SCHOOL BY 9/5/22

I hereby consent to my child participating in the **Year 7 Camp** to be held at **Broken Bay Sport and Recreation Centre** from **Wed 22/06/22 to Fri 24/06/22**. I understand my child will be departing from Macquarie Fields High School at 7.30am on Wed and returning to Macquarie Fields High School at 3.15pm on Fri. I understand the cost is **\$400.00**

STUDENT NAME: \_\_\_\_\_ PCG \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

MEDICARE NUMBER: \_\_\_\_\_

☐ I GIVE PERMISSION FOR MY CHILD TO RECEIVE MEDICAL TREATMENT IN CASE OF EMERGENCY. (Please tick box)

### Parent/Carer Contact Details

Name: \_\_\_\_\_ Mobile: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

### Doctor Contact Details

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

### Emergency Contact Details

1. Name: \_\_\_\_\_ Mobile: \_\_\_\_\_

Relationship to Student: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_ Mobile: \_\_\_\_\_

Relationship to Student: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Does your child have a health care plan in place at Macquarie Fields High School?

☐ Yes ☐ No

### List Existing Medical Conditions or Illnesses

(Include asthma, diabetes, epilepsy, allergies, etc. Outline the treatment (e.g. epipen, ventolin etc) for each condition

\_\_\_\_\_

\_\_\_\_\_

### Medication(s) to be Administered DURING the Excursion

Include name of medication, instructions for administration, time of administration and any possible reactions:

\_\_\_\_\_

\_\_\_\_\_

### Special Dietary Needs, including Possible Reactions to Inappropriate Diet:

\_\_\_\_\_

\_\_\_\_\_

### Privacy Advice:

- This information is being obtained for the purpose of ascertaining relevant medical information, requirements and other health care related needs of the above student, who is currently enrolled at Macquarie Fields High School and may participate in school excursions, sporting activities and other school activities.
- It will be used by officers of the Department of Education and Communities to assist planning to support students and to minimise risks when conducting school excursions, sporting or other school activities.
- Other persons or agencies that may be provided with this information include, but are not limited to, volunteers and members of external organisations who join with the school or are otherwise involved in the planning or delivery of the excursion, sporting or other school activity, and persons that may be called upon to provide health care treatment or other assistance during or as a consequence of such excursions or activities.
- Provision of this information is not required by law. However, a failure to provide the information may mean that your child cannot participate in a particular excursion or school activity. In such circumstances the school will make available a sound alternative educational experience.
- Provision of this information will significantly assist the school in planning a safer educational activity. It will be stored securely. If you have any concerns about provision of this information, please contact the school principal to discuss further.

You may correct any personal information provided at any time by contacting the school office.

**PARENT CONSENT TO PARTICIPATE IN AQUATIC ACTIVITIES**  
**MUST BE RETURNED TO SCHOOL BY 09/05/22**

**STUDENT NAME:** \_\_\_\_\_

**PCG** \_\_\_\_\_

During your child's stay at Broken Bay Sport and Recreation Centre, there may be structured aquatic activities such as canoeing, kayaking and raft building.

In relation to the proposed structured aquatic activities (please tick response):

- ☐ My child is permitted to go in the water
- ☐ My child is **NOT** permitted to go in the water

**PARENT/GUARDIAN SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

My child is permitted to go in the water. Please tick the response that best describes the ability of your child.

- ☐ A **non-swimmer**: My child is unable to swim
- ☐ A **weak swimmer**: My child is comfortable and confident in shallow water but cannot swim very well
- ☐ An **average swimmer**: My child is a reasonable swimmer but is not very strong or confident in deep water
- ☐ A **strong swimmer**: My child is a strong swimmer and is very confident in deep water

**PARENT/GUARDIAN SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_



Dear Parents and Guardians,

Your child is about to attend a Sport and Recreation school camp at Broken Bay Sport and Recreation Centre organised through Macquarie Fields High School. Prior to the camp all students must complete a Medical and Consent Form.

The information that Sport and Recreation needs about your child includes:

- Medical conditions
- Food related allergies
- Special diets
- Medication
- Emergency contact details.

Sport and Recreation needs you to complete this form on behalf of your child. The form is available **online** and is easy to complete. Once you submit the form it is sent directly to the Centre so the staff can prepare for your child's visit.

Please complete the Medical and Consent Form at

<https://officeofsport.ungerboeck.com/prod/emc00/register.aspx?eid=KzJUaTQySIItC84TIV1a1VJRTJSQT090> **by Friday 9/5/22**

Ms Karyn O'Brien  
Principal

Ms Rhiannon Hall  
Coordinating Teacher

You may correct any personal information provided at any time by contacting the school office.

## Checklist

Please label all clothing, towels and sleeping bag with your name.

- Shorts and t-shirts (no singlets, sleeveless or midriff tops)
- Jeans
- Jumpers and tracksuit pants
- Socks and underwear
- Raincoat
- Pyjamas
- Swimming costume and rashie shirt
- Sunscreen, sun hat and sunglasses
- Two pairs of running shoes (one old pair to wear in the water)
- Toothbrush, toothpaste, soap, lip balm and insect repellent (no aerosols)
- Two towels
- Pillow
- Sleeping bag or doona and sheets
- Day backpack
- Paper, pens or pencils
- Plastic bags for dirty or wet clothes
- Medication (if required)
- Tissues
- Water bottle!!!

## Optional

- Camera

## What not to bring

- Aerosol cans (i.e. spray-on deodorant or insect repellent)
- Mobile phones and other electronic devices
- Lollies, snacks or chewing gum
- Jewellery
- Anything valuable (Sport and Recreation takes no responsibility for the loss or damage to a client's personal property, including money or other valuable items)

You may correct any personal information provided at any time by contacting the school office.